

CHECK FOR THE CRITICAL THE APOLLO ICU CHECKLIST

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THE APOLLO ICU CHECKLIST

FEEDING

None
 Enteral: OG tube / NJ tube / PEG / NG tube /
 Jejunostomy Bolus / continuous feeding
 If bolus, _____ ml _____ hrly
 If Continuous,
 Goal rate: _____ Current rate: _____ ml/hr
 Parenteral: TPN / PPN / at goal rate
 Oral diet: liquids / soft / normal / special / commercial
 Nutritional assessment by dietician updated: Yes / No

ANALGESIA

Protocol ordered: Yes / No
 Infusion / Bolus / PCA
 Epidural: Yes / No
 Fentanyl / Morphine / Pethidine / Tramadol / NSAIDS /
 Diclofenac / Paracetamol / None

SEDATION

Protocol ordered: Yes / No
 Midazolam / propofol / lorazepam / dexmedetomidine / none
 Sedation interrupted this AM: Yes / No
 *Modified Ramsay's Score at 10 am _____
 **MAAS Score at 10 am _____

THROMBOPROPHYLAXIS

Ordered: Yes / No
 SQ unfractionated heparin / SQ enoxaparin / IPC /
 Foot pumps / Tedd's stocking
 If full anticoagulation:
 Heparin:PTT _____ / Warfarin or acitrom:INR _____
 Enoxaparin / daltaparin

BACK CARE

Braden score recorded: Yes / no Score: _____
 Alpha / Nimbus bed: Yes / No
 Lesion present on transfer to ICU: Yes / No
 Consult for bed sore given: Yes / No
 Location of any additional wounds: _____

BOWEL MOVEMENT

Yes / no
 Frequency: _____
 Consistency: Formed / semiformed / watery / malena

A snapshot

THE DAILY CHECKLIST FOR CARE

Deters omissions
 Recall of routine matters- explicit minimum
 Patient Safety and Quality Improvement in ICU's

COMPLIANCE

Monthly-self audit by the unit quality teams
 Annual-central audit teams
 Compliance rate 93%

- | | |
|---|---|
| <input type="checkbox"/> Feeding | <input type="checkbox"/> Ulcer prophylaxis |
| <input type="checkbox"/> Analgesia | <input type="checkbox"/> Glucose control |
| <input type="checkbox"/> Sedation | <input type="checkbox"/> Delirium |
| <input type="checkbox"/> Thromboprophylaxis | <input type="checkbox"/> Back care |
| <input type="checkbox"/> Head-end of bed | <input type="checkbox"/> Bowel movement |
| <input type="checkbox"/> Physiotherapy | <input type="checkbox"/> Central line |
| <input type="checkbox"/> Septic shock | <input type="checkbox"/> De-escalation of antibiotics |
| <input type="checkbox"/> Mobilization | <input type="checkbox"/> Indwelling catheters |
| <input type="checkbox"/> Mechanical ventilation | <input type="checkbox"/> Dialysis catheter |

